

Emergency Supply List

Here is a list of products that you may want to consider as you prepare your emergency supplies. Each of these products were available at the time we put this list together, but you know how these things go, sometimes a product will no longer be available.

Jackery Explorer 2000 v2 Power Station	There are many different brands and various capacities of power stations available	https://amzn.to/3SAYcBu
KOOC Mini Crock Pots	A great idea for reheating one or two portions of food	https://amzn.to/4eG8TtX
Hamilton Beach 8-Qt Slow Cooker	Another great crock pot for emergencies	https://amzn.to/4aOfIZh
Hamilton Beach 4-Qt Slow Cooker	A great low-power way to cook foods	https://amzn.to/43SrEW7
Coghlan's Sterno Stove	A small stove to use with Sterno cans	https://amzn.to/3STdCkE
Sterno Cooking Fuel	4-hour burn time, 24-pack cans	https://amzn.to/4oBUa7O
Coleman Bottle Top Camp Stove	A great small burner that fits on a propane tank	https://amzn.to/4vX9AGg
Carolina Cook Stoves	A great web site for quality camping stoves and cookware	https://www.carolinacooker.com
Coletti Percolator Coffee Pot	A campfire staple, a camp coffee pot!	https://amzn.to/3QQCCsh
Bathtub Stopper	Keep a couple of these around for tubs and sinks	https://amzn.to/4gxCmlX
Digital Wireless Fridge & Freezer Thermometer	Keeps track of temps in your fridge, freezer or cooler	https://amzn.to/4w62fEz
Scissors	Good scissors are a great addition to a first aid kit or go bag	https://amzn.to/4agZAzo
Manual Corkscrew	A corkscrew is a must-have in any emergency kit	https://amzn.to/43PeNUB
Harris Spray Bottles	Buy good-quality spray bottles for emergency use	https://amzn.to/43K0yAv
2-Pack Collapsible LED Lanterns	Compact lighting for your emergency kit	https://amzn.to/4uR5QFp
Midland ER310 Emergency Radio	An immensely popular emergency radio for all weather	https://amzn.to/4w0PYB5
Manual Can Opener	Oxo Grips Can Opener	https://amzn.to/3QCE3dD
Coleman 50-Quart Cooler	A great emergency cooler	https://amzn.to/4xxDHfQ

Igloo Water Cooler/ Handwashing Station	This dispenser can be used for providing drinking water or for washing your hands	https://amzn.to/4xGftZZ
Moving Dolly	18" x 12" Moving Dolly to move portable power supplies easily	https://amzn.to/4sE4xIZ
Electronic Lighter	Your gas stove is useless without a means to ignite it	https://amzn.to/4dxq81D
Propane Adapter	6 ft propane hose to adapt propane tank to grill	https://amzn.to/4vWs5vt
20 lb Propane Tank	Flame King 20 lb Propane Tank with OPD valve and gauge	https://amzn.to/43PqP0b
5 lb Propane Tank	Flame King 5 lb Propane Tank with OPD valve and built-in gauge	https://amzn.to/4uNktcC
Small Gas Camp Stove	GasOne Single Propane Stove	https://amzn.to/4vUplxM
Sprayer	Harris chemical resistant sprayer	https://amzn.to/4v9O8OV
Thermometer	AcuRite refrigerator & freezer thermometer	https://amzn.to/3POqO9b
Beef	True Primal Grass-fed Beef Mini Meatballs	https://amzn.to/47OuwWt
Cereal	Nature's Path, Organic Gluten-free Crunchy Vanilla Cereal	https://amzn.to/4skkNhQ
Carnation Inst Breakfast	Fortified with vitamins and minerals, mix with milk or water	https://amzn.to/3QrXSV7
Condiments	French's mustard packets - 25 count	https://amzn.to/3OaHya6
Condiments	Grey Poupon Dijon mustard packets -25 count	https://amzn.to/4vIngqy
Condiments	Gulden's mustard packets - 25 count	https://amzn.to/3PU1iPW
Condiments	Heinz catsup and French's mustard packets - 25 count of each	https://amzn.to/47N6NWJ
Condiments	Hellman's Mayo packets - 10 pack	https://amzn.to/4mlbwF8
Condiments	Hunt's ketchup packets - 50 count	https://amzn.to/41iETHg
Condiments	Smuckers individual packets of jelly	https://amzn.to/4ctloJi
Electrolyte	Pedialyte - no artificial colors or sweeteners	https://amzn.to/4veOCmH
Electrolyte	Venture Pal - packets to mix with water	https://amzn.to/48p8v0K
Flaxseed	Manitoba Harvest Organic Ground Flaxseed - 14 oz	https://amzn.to/4sk3fm6
Flaxseed	Spectrum Essentials Organic Ground Flaxseed - 14 oz	https://amzn.to/4e7NYlO
Ghee	Spring Sunrise Grass Fed Organic Cultured Ghee, Keto & Paleo	https://amzn.to/4vvvS2C
Granola	Cascadian Farm Organic Fruit & Nut granola	https://amzn.to/3Q5qhzB
Granola	Cascadian Farm Organic Honey Cashew Protein granola	https://amzn.to/4vfLy9P
Granola	Nature's Path Love Crunch Organic Dark Chocolate & Almond Butter granola	https://amzn.to/4mgfoHn
Granola	Nature's Path Love Crunch Organic Dark Chocolate & Red Berries granola	https://amzn.to/4sYVtil

Granola	Nature's Path Love Crunch Organic Peanut Butter Protein granola	https://amzn.to/3NRWIRA
Granola	Nature's Path Organic Honey Almond Granola, gluten free	https://amzn.to/4t0HpoS
Granola	Purely Elizabeth, Organic Ancient Grain granola, gluten free	https://amzn.to/41k85EQ
Granola Bars	Cascadian Farm Organic Chocolate Chip granola bars	https://amzn.to/3PUw6jo
Granola Bars	Cascadian Farm Organic Vanilla Chip granola bars	https://amzn.to/4siqsF6
Nutritional Yeast	Braggs nutritional yeast	https://amzn.to/4ccRmll
Oatmeal	Nature's Path Organic Brown Sugar Maple Instant Oatmeal	https://amzn.to/4bYxNVy
Oatmeal	Nature's Path Organic Homestyle Instant Oatmeal, gluten free	https://amzn.to/3PTwRcw
Oatmeal	Nature's Path Organic Qi'a Creamy Coconut Instant Oatmeal	https://amzn.to/3O0dBcN
Potato Flakes	Country Life Foods Organic Potato Flakes	https://amzn.to/3O9awac
Rice	Minute Ready-to-Serve White Rice	https://amzn.to/4chr6gi
Snacks	Where You Bean Edamame Bean Snack	https://amzn.to/4cuCkiF
Snacks	Where You Bean Seaweed Furkake Edamame Bean Snack	https://amzn.to/4bWXWEk
Snacks	Where You Bean Thai Lime Chili Edamame Bean Snack	https://amzn.to/4tShLmr
Snacks	Where You Bean Truffle Salt Edamame Bean Snack	https://amzn.to/4c6rnm1
Soup	True Primal Beef Organic Soup, grass fed beef, bone broth	https://amzn.to/4txywmq
Soup	True Primal Hearty Beef Organic Soup, grass fed beef, bone broth	https://amzn.to/4vfUjfp

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